

Local Wellness Policy Progress Report

School Name: Tri-County Community Schools

Wellness Policy Contact: Jill Hall, FSD

Date Completed: 8/22/22

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Nutrition education is offered at each grade level. This provides students with the knowledge and skills necessary to promote and protect their health.	Jen Berg, Principal	x			Nutrition education is part of the curriculum.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2.						
3.						

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Physical activity is offered at each grade level. This provides students with the skills necessary to promote and protect their physical activity.	Dylan Springer, PE teacher	x			Physical activity is part of our PE classes offered in each grade level	
2. Recess is offered to all students in the elementary.	Jen Berg, Principal	x			30 minutes of daily recess is available to PK-6th graders.	

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. A local booster organization offers a free Fit Family event.	Jill Hall, FSD	x			Students receive nutrition education, physical activity, and healthy snacks.	Look into further marketing for future events.
2.						

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. A nutrition program is followed to remain compliant with USDA standards.	Jill Hall, FSD	x			Our administration works weekly making sure to calculate the daily/weekly nutritional needs of our students.	-Closely monitoring the ever changing nutritional guidelines set forth by the USDA. -Continuously monitoring allergens.
2. Smart Snack Compliant	Jill Hall, FSD	x			Smart snack calculator is used to remain compliant with our vending machine.	-Closely monitoring usage of the vending machine during school hours.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promotes fresh fruits and vegetables at no cost to our elementary students, as per a yearly grant.	Jill Hall, FSD	x			Elementary students have access to daily snacks such as fresh fruits and/or vegetables.	Explore additional options to expand this to our middle and high school students.
2.						

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Marketing is consistent with nutrition education and health promotion health promotion.	Jen Berg, Principal	x			Promote healthy foods, including fruits, vegetables, whole grains, and low-fat dairy products.	Search for alternative ways to market and incorporate more healthy initiatives.
2.						

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